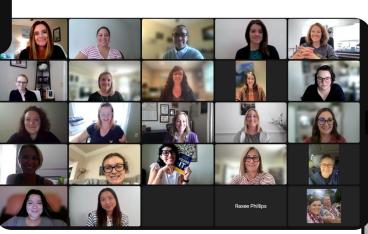
### 2023 MILITARY SPOUSE LEADERSHIP DEVELOPMENT PROGRAM IMPACT REPORT

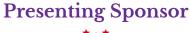




LEADERSHIP DEVELOPMENT PROGRAM

2023 COHORT









Our communities need strong, knowledgeable and confident leaders. The MSLDP is a national virtual program focused on providing military spouses the opportunity to learn the fundamentals of Service, Leadership, Mentorship and Advocacy.

During this **four-month training**, participants received a leadership certificate from the **National Preparedness Leadership Initiative-NPLI** at **Harvard University**, Leadership Communication training, and a Mental Health Ally Certificate from **PsychHub**.















This organization supports the U.S.military and its veterans and families; however, use of logos and seals does not imply endorsement by the U.S. Department of Defense or any of its branches.

### Core Focus & Curriculum

MSLDP is dedicated to the development of a diverse group of leaders who strive to serve others and forge positive change in communities around the world with specific focus on their areas of interest/expertise.

Meta-Leadership & Conflict Resolution: Reframing the process and practice of leadership through a holistic approach to leverage the efforts of the whole community working to achieve unity of purpose and effort.

Leadership Communication: Identifying core principles and values, crafting a narrative, and targeting key stakeholders with purposeful steps to solving a problem or issue. Leading and Communicating Purposefully.

Collaboration: Facilitating a cohort of diverse serviceoriented individuals providing exclusive access to a network of supportive agencies and individuals for greater impact.

Mental Health Ally: Motivational interviewing and becoming a mental health ally. Scaffolding safe environments and productive conversations. This training makes up over 10 hours of training and also serves as continuing education (CE) credits (per the Psych Hub platform).

The participants also get free access to the Psych Hub platform for 1 year with hundreds of topics surrounding mental health, resources, podcasts, videos, and more. This access better equips them in helping others and sharing this potentially life saving information.

#### Thank You Program Sponsors, Donors & Partners









The National Preparedness Leadership Initiative is a joint program of the Harvard TH Chan School of Public Health and the Harvard Kennedy School of Government, Center for Public Leadership.











## OUR IMPACT IN 2023:

### Military Spouse Leadership Development Program

50

Participants were a diverse cohort of military spouses from all backgrounds.

100%

of participants would recommend
this opportunity to other military
spouses interested in leadership
training and making
a difference in
their community

100%

of participants are inspired to accomplish more for their community

98%

of participants plan to use and implement everything they learned in the Military Spouse Leadership Development Program to support in their community

100%

of participants said that MSAN and this program provided them with training that they would not have otherwise had access to 96%

of participants said they would have had difficulty accessing this training if it required tuition or in-person participation

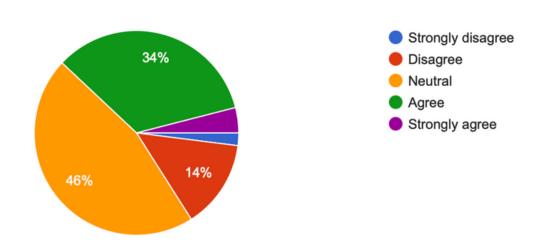
82%

of participants agreed that the challenges that they encountered as a military spouses have affected their mental health or overall wellness now or in the past

35

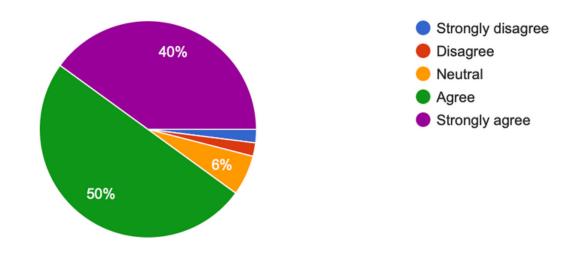
military connected organizations represented by cohort participants such as: Hiring Our Heroes, USO, United Through Reading, and many more.

I have clarity about how I can achieve the impact I envision.



#### BEFORE & AFTER

I have clarity about how I can achieve the impact I envision.



# OUR IMPACT IN 2023

### Military Spouse Leadership Development Program

# 35

local and military connected organizations represented by cohort participants such as:

Steven A. Cohen Military Family Clinic Hiring Our Heroes AmeriCorps

Military Officers Association of America

**Key Spouses** 

Spouses' Club

**United Way** 

Autism Vision of Colorado

Soldier Family Reading Group (SFRG)

Boy Scouts of America-Cub Scouts

Camp Lejeune Leadership Seminar

Elizabeth Dole Foundation

**EFMP** 

Gold Star Wives of America

Hope For The Warriors

**MSOY** 

**VBH** and ACP

LINKS

Ombudsman

Naval Services Family Line

Building Military Families Network

National Capitol Region

Beats 4Bristol

Accenture Federal Services

Military Spouse Liaison for Virginia held within the Virginia Department of Veterans Services (VDVS).

The Unquiet Professional

Wells Fargo Military Spouse

Homefront Heroes Hiring

It's a Military Child Life

**Empowered Energy** 

USO

ZeroMils

National Military Family Association Goodwill of the Olympics and Rainer Region Military and Veteran Services Programs

#### PARTICIPANTS LOCATED AROUND THE WORLD





98% feel that they have the leadership ability needed to succeed



94% grew their professional network to access opportunities for positive social impact



94% have the level of confidence they need regarding the likelihood that they will accomplish their long-term vision



90% have connected with at least one other person from this cohort outside of the MSLDP meetings

### **TESTIMONIES**

"This was such a valuable experience for me. I am so grateful for every single person I met and everything I learned. Thank you so much for allowing me this opportunity. I will use everything I learned to further support my military community."

"I am forever grateful for the opportunity to participate in MSLDP! I've loved it being virtual so that spouses worldwide can participate. With MSLDP being free, I feel it adds a little extra pride and honor having been chosen versus paying for continuing education."

"This program is not only supporting the 50 military spouses participating in the cohort, but the many other people who will inevitably be impacted by their growth, leadership, and dedication. The true impact is yet to be seen; as these leaders each continue to shape their leadership style, find their voice, and and pursue their ambitions with confidence and commitment."

"I still can't believe that MSAN and its sponsors felt that I was worth believing in and investing in like this. I feel inherently valuable; like I matter for who I am, not just valuable because I support my service member. I'm emotional writing this."

"This has given me a plethora of tools, connections, and ideas to help make my community a more vibrant and supported place. I can't thank you enough for the opportunity.

# Certificates







#### **INSTRUCTORS:**

- Dr. Leonard Marcus, founder & co-director of Harvard- National Preparedness Leadership Initiative.
- Peter Neffenger, Vice Admiral (USCG Ret), distinguished fellow for Harvard University (TSA Director under President Obama Administration).
- Eric J. McNulty, Associate Director and Program Faculty
- PsycHub: Virtual Mental Health Ally Certification
- Communication: Dr. Mike Hemphill, Director of Leadership Development at the Clinton Foundation and Director of the Presidential Leadership Scholars Program

#### **PANELISTS & SPEAKERS:**

- Mrs. Sharene Brown, Spouse of the 21st Chairman of the Joint Chiefs of Staff
- Mrs. Christine Grady, Spouse of the Vice Chairman of the Joint Chiefs of Staff
- Sheila Casey, Strategic Operations Executive and Board Director
- Patricia Barron, Deputy Assistant Secretary of Defense for Military Community and Family Policy
- Honorable Cheryl Mason, leader and author
- Krista Simpson, Co-founder of The Unquiet Professional
- Janet Sanchez, President, Esposas Militares Hispanas USA Armed Forces
- Eryn Wagnon, Senior Advisor for Joining Forces
- D'Juan Wilcher, USNR Deputy Director, Veterans and Military Families
- Laura Schmiegel, Senior Vice President of Strategic Partnerships at Orion Talent
- Crystal Bettenhausen-Bubulka, MSLDP Alumni, military spouse, advocate
- Jamie Graham-Malone, Human Resources Senior Manager- Lockheed Martin Space
- Sonia Garza, MSLDP Alumni, Executive Director for the Puget Sound Region of Blue Star Families
- Corie Weathers, author and licensed professional counselor
- Kevin Schmiegel, Chief Executive Officer at ZeroMils

# 

### MSLDP in the Media

- MILITARY SPOUSE ADVOCACY NETWORK LAUNCHES THE THIRD ANNUAL MILITARY SPOUSE LEADERSHIP DEVELOPMENT PROGRAM
- Military spouse program is now accepting applications- KTSM
- <u>Introducing Military Spouse Advocacy Network's Leadership</u> <u>Development Program</u>
- <u>Military Spouse Advocacy Network Informal Leaders who mobilize to take care of their communities. NPLI at Harvard University</u>
- <u>Military Spouse Advocacy Network launches the third annual Military Spouse Leadership Development Program</u>

#### AS FEATURED IN:



























#### **MSAN's Press Room:**

www.militaryspouseadvocacynetwork.org/press-room

For media inquiries, including blog contributions, images, and interview requests, please email media@milspouseadvocacynetwork.org